



## Covid-19 Compassionate Community Connector Programme

Communities 1<sup>st</sup>, in partnership with St Albans District Council, Harpenden Cares, #TeamHerts and a range of other local charities, community groups, public sector organisations and businesses are pulling together with the aim of supporting our local community amid the COVID-19 outbreak. We focus on providing much needed practical resource and support to anyone that requires helping during these challenging times.

We recognise that whilst COVID-19 may affect everyone, there are some people who are at greater risk than others. Our team of volunteers can help you with:

- ✓ Shopping
- ✓ Dog walking/Pet sitting
- ✓ Signposting you to other services
- ✓ Collection of prescriptions
- ✓ Or a friendly conversation if you're feeling lonely.

Your safety is of paramount importance to us. If you are in any doubt about whether someone is being genuine and claims to be a member of our group and you would like to be reassured, please contact us on any of the details below.

### To access support:

<b>Communities 1<sup>st</sup></b> (9am – 4pm, Mon-Fri)	<b>020 8207 5115</b> <a href="mailto:help@communities1st.org.uk">help@communities1st.org.uk</a> <a href="http://www.communities1st.org.uk/covid19support">www.communities1st.org.uk/covid19support</a>
<b>Harpenden Cares</b>	<b>01582 460457</b> (10am – 2pm, Mon-Fri)
<b>HertsHelp</b>	<b>0300 123 4044</b> <a href="mailto:info@hertshelp.net">info@hertshelp.net</a>

**To volunteer:** [www.communities1st.org.uk/COVID-19-community-signup](http://www.communities1st.org.uk/COVID-19-community-signup)

Communities 1<sup>st</sup> and its partners want to support the most vulnerable with errands, information distribution and emotional comfort. If you require medical attention or up-to-date information on the Coronavirus, please visit the NHS website. [www.nhs.uk/conditions/coronavirus-covid-19](http://www.nhs.uk/conditions/coronavirus-covid-19)



# Organisations who are supporting our local community amid the COVID-19 outbreak

## **Colney Heath Community Support Group 07803 313525**

If you know someone who needs help in Colney Heath [jackclemow@gmail.com](mailto:jackclemow@gmail.com)

## **London Colney Good Neighbour Scheme 01727 261104**

Help for those in Isolation in London Colney

## **Redbourn Care Group 01582 794550 [info@redbourncaregroup.co.uk](mailto:info@redbourncaregroup.co.uk)**

Run by villagers for villagers

## **Wheathampstead Support For All 01582 380910**

Support for people who live in Wheathampstead [info@wheathampstead-pc.gov.uk](mailto:info@wheathampstead-pc.gov.uk)

## **Age UK Herts 0300 345 3446 [info@ageukherts.org.uk](mailto:info@ageukherts.org.uk)**

To help make later life in Hertfordshire a fulfilling and enjoyable experience

## **Carers in Herts 01992 586969 [contact@carersinherts.org.uk](mailto:contact@carersinherts.org.uk)**

Provides advice, information and support to unpaid carers

## **Citizens Advice 01727 811 118 [www.castad.org.uk](http://www.castad.org.uk)**

Or contact the Hertfordshire Adviceline on 03444 111 444 or from a mobile on 03000 3300 650

## **Hertfordshire Independent Living Service (HILS) 01727 847264**

Provide a range of services to help older and vulnerable people stay healthy and independent.

## **Herts Young Homeless 03333 202 384 [Info@hyh.org.uk](mailto:Info@hyh.org.uk)**

Empowering young people to be able to deal with the difficult situations in their lives

## **Mind in mid-Herts 01727 865070 [admin@mindinmidherts.org.uk](mailto:admin@mindinmidherts.org.uk)**

Creating opportunities for individuals to make choices, find their own solutions & build resilience

## **Ollie Foundation 07715 311891 [contactus@theolliefoundation.org](mailto:contactus@theolliefoundation.org)**

A foundation set up support families with suicide

## **Relate 0300 003 2324 [Info.lnwh@relate.org.uk](mailto:Info.lnwh@relate.org.uk)**

A range of services to help you with your couple and family relationships

## **St Albans and District Foodbank 01727 613 019**

Helping Local People in Crisis [info@stalbandsdistrict.foodbank.org.uk](mailto:info@stalbandsdistrict.foodbank.org.uk)

### **Supporting the Voluntary/Community Sector**

Communities 1st is also able to provide support to the local voluntary and community sector organisations who provide essential services to residents in the district of St Albans.

- Can your organisation be contacted by local residents needing help?
- Can your organisation make use of additional volunteers?
- Can Communities 1st signpost people to your organisation?

Voluntary organisations who need help or can offer support, please complete the form at:

[www.surveymonkey.co.uk/r/KHFFL88](http://www.surveymonkey.co.uk/r/KHFFL88) Email [memberservices@communities1st.org.uk](mailto:memberservices@communities1st.org.uk) or call 01727 743018